

## I. Generic Themes

- ✓ Playing a team building sport or game.
- ✓ Storytelling with some purpose or can be for pleasure
- ✓ Student-led conglomerate/skill sharing - e.g., Demonstrating skills (guitar playing, singing, dance, art, presentation).
- ✓ Presenting and sharing about New technological ideas - Can be student led too
- ✓ Inspirational conglomerates through video followed by reflective and awareness building dialogue
- ✓ Current affairs - elections, Olympics, etc.
- ✓ Self and peer awareness for character
- ✓ Videos to develop the sense of gratitude, respect, love
- ✓ Immersive experience followed by a dialogue. e.g., students and teachers walk barefoot and without a sweater for a certain distance in the cold, to help build a sense of empathy.
- ✓ Students share with teacher and each other-“What I did over the weekend”.
- ✓ Sharing information from a newspaper article.
- ✓ How I feel about my parents / friends.
- ✓ Sharing experiences from a school trip.
- ✓ Awareness about the environmental and global issues.

## II. Examples of using themes under the 5 investments

### 1. Cognitive Investment

- ✓ Current affairs (video / ppt or an article)
- ✓ People and places (culture of a place)
- ✓ Some significant event in history (connected to the calendar)
- ✓ Science based (amazing facts / inventions / latest technology)

### 2. Social and Emotional Investment

- ✓ Team games
- ✓ Appreciate / thank / apologise
- ✓ Self and Peer awareness reflection exercises
- ✓ Communication games
- ✓ Social experiments

### 3. Physical Investment

- ✓ Playing a Sports and games which involves physical activity; and with a purpose

### 4. Spiritual Investment

- ✓ Inspirational stories - I Can / Chicken Soup for the soul
- ✓ Experiences to develop gratitude (hunger/disability etc..)
- ✓ Building awareness and perspective via dialogue and videos on World issues (such as war or violence in parts of the world; poverty; empathy for everyone around)